

GYNDOKTOR

SPECIALLÆGE DR. MED. PERNILLE DANNESKIOLD LASSEN

OFFICE HYSTEROSCOPY

Hysteroscopy is a procedure used to examine the inside of the womb (uterus). It is carried out using a hysteroscope which is a narrow telescope with light and camera at the end. The examination can be used to further investigate symptoms or problems such as bleeding abnormalities, repeated abortions or repeated implantation failure by IVF treatment. In the same seance, a biopsy is taken to test for cellular abnormalities. For fertility patients, the biopsy is also analyzed for chronic endometritis.



PREPARING FOR A HYSTEROSCOPY

A hysteroscopy is a minimally invasive procedure carried out on an outpatient basis. Since the endometrial lining changes with cycle, we recommend that

the procedure is done in the days after your period (cycle day 6-10), where the lining is thin. If you get bleeding in the days before the examination, please mail us as soon as possible, so we can arrange another appointment. It is recommended that you take painkillers (such as Panodil 1000 mg og Ibuprofen 400 mg) 1-2 hours before the appointment, as some women experience menstrual-like cramps during the examination.

HYSTEROSCOPY PROCEDURE

The hysteroscopic procedure usually takes 15-30 minutes. During the examination you lie on a coach with your legs held in supports. A speculum is inserted, and your cervix is locally anesthetized with a thin needle. The hysteroscope is carefully passed into the uterine cavity and saline is infused to make the insight easier. Through the camera the inner of the womb, including the openings of the fallopian tubes is visualized. In most cases, a small biopsy is taken from the endometrial lining. The biopsy is sent to the pathologists for microscopic evaluation. If abnormalities

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such as polyps, fibromas, septums or adhesions are found, these can be removed through the camera. In case of operative surgery, however, another appointment is often required.

7690701633 002904 with beneficiary bank SWIFT code VRSPDK22. You will receive an invoice at the day of the consultation.

AFTER THE HYSTEROSCOPY

It is not uncommon to have cramping or light bleeding the first days after the examination. Usually, you can return to your normal activities shortly after. Please contact the clinic or your GP if you experience fever, strong pain or heavy bleeding.

You will receive the result of the biopsy after 1-2 weeks.

PRICE

Office hysteroscopy, biopsy and written report.....1070 euro

PAYMENT

You can pay with Mobile Pay or cash in the reception. Unfortunately, credit cards are not accepted. Foreign patients can transfer to IBAN account number DK

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